

# Streak Your Way To Pain-free Joints



Tuesday, February 17, 2021  
11:00AM – 12:00PM

Small changes to behavior bring big results. Join Physical Therapist, Jonathan Bock, of Integrated Musculoskeletal Care (IMC) to learn about small changes you can do to reduce joint pain (or prevent joint pain). IMC is our partner for physical therapy to reduce musculoskeletal pain and reduce use of pain medications or orthopedic surgery.

Register TODAY!

