



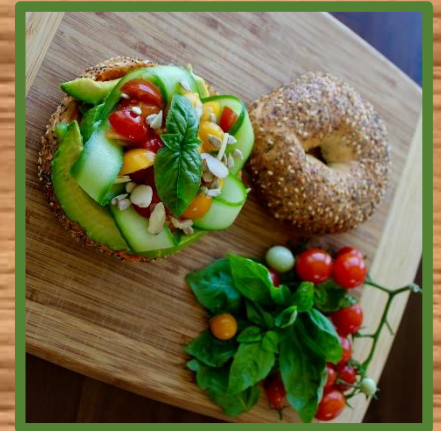
WellPath's DAILY DOZEN *Challenge*



Going with the (whole) Grain With Coach Christine Eley

Thursday, September 10th, at 12:00 PM

[Click Here](#) to register



Get Going with Grains! If you have sworn off carbohydrates (and even if you haven't) you should attend this webinar.



This webinar is optional for participants in the Daily Dozen Challenge. You do NOT have to be participating in the challenge to attend. This webinar is endorsed for 15 WellPath Points.